

2024 Timetable

Monday			
9:30am	TINY TUMBLERS Recreational class 3-5yrs 9:30 - 10:15am		
10:30am	TINY TUMBLERS Recreational class 3-5yrs 10:30 - 11:15am		
4pm	MINI KNIGHTS Performance Cheer Team 7 - 9yrs 4 - 5:30pm	REGENTS Development Cheer Team Mini Cheersport G2 4 - 5:30pm	FLYERS 4 - 4:45pm
4:45pm			TUMBLE Levels 1 - 2 4:45 - 5:30pm
5:30pm	HIGHNESS Competitive Cheer Team Junior 1 5:30 - 7pm	EMPRESS Competitive Cheer Team Senior 3 5:30 - 7pm	
6:15pm			
7pm	MAJESTIES Performance Cheer Team Jnr Novice 12- 15yrs 7 - 8:30pm	CROWNS Adult Dance Team Pom + Technique 18yrs+ 7 - 8:30pm	
7:45pm			

Tuesday			
9:30am	TINY TUMBLERS Recreational class 3-5yrs 9:30 - 10:15am		
10:30am	TINY TUMBLERS Recreational class 3-5yrs 10:30 - 11:15am		
4pm		TINY TIARAS Performance Cheer Team 5 - 6yrs 4 - 5:30pm	MINI GRACE Performance Cheer Team 7 - 9yrs 4 - 5:30pm
4:45pm	TUMBLE Recreational 4:45 - 5:30pm		
5:30pm	REGALS Performance Cheer Team Grade 2, 10 - 12yrs 5:30 - 7pm	EMPIRE Competitive Cheer Team Youth 1 5:30 - 7pm	FLYERS 5:30 - 6:15pm
6:15pm			TUMBLE Levels 2 - 3 6:15 - 7pm
7pm	TUMBLE Levels 1 + 2, 2 + 3 7 - 7:45pm	IMPERIALS Competitive Cheer Team Junior 2 7 - 8:30pm	DYNASTY Competitive Cheer Team Open 3 Non Tumble 7 - 8:30pm
7:45pm	TUMBLE L1 - 2 4-4:45pm		

Wednesday				
4pm	CHEER FUN Recreational Cheer + Tumble 5 - 9yrs 4 - 5:30pm	FLYERS 4 - 4:45pm		
4:45pm		TUMBLE Recreational 4-4:45pm	TUMBLE Pre-Novice 4-4:45pm	TUMBLE Levels 3 - 4 4:45 - 5:30pm
5:30pm	MINI NOBLES Performance Cheer Team 7 - 9yrs 5:30 - 7pm	DUCHESS Performance Cheer Team Grade 2, 10 - 12yrs 5:30 - 7pm		EMPRESS Competitive Cheer Team Senior 3 5:30 - 7pm
6:15pm				
7pm	LEGACY Adult Cheer Team 1 Non Tumble 18yrs+ 7 - 8:30pm			
7:45pm				

Thursday			
9:30am	TINY TUMBLERS Recreational class 3-5yrs 9:30 - 10:15am		
10:30am	TINY TUMBLERS Recreational class 3-5yrs 10:30 - 11:15am		
4pm	CHEER FUN Recreational Cheer + Tumble 5 - 9yrs 4 - 5:30pm	MINI QUEENS Performance Cheer Team 7 - 9yrs 4 - 5:30pm	TUMBLE Recreational 4-4:45pm
4:45pm			TUMBLE L1 - 2 4-4:45pm
5:30pm	MONARCHS Performance Cheer Team Yth Novice 10 - 12yrs 5:30 - 7pm		EMPIRE Competitive Cheer Team Youth 1 4:45 - 6:15pm
6:15pm			FLYERS 6:15 - 7pm
7pm	DYNASTY Competitive Cheer Team Open 3 Non Tumble 7 - 8:30pm	IMPERIALS Competitive Cheer Team Junior 2 7 - 8:30pm	TUMBLE Novice - Level 1 7 - 7:45pm
7:45pm			

Friday			
4pm	MINI REIGN Performance Cheer Team 7 - 9yrs 4 - 5:30pm	REGENTS Development Cheer Team Mini CheerSport G2 4 - 5:30pm	
4:45pm			
5:30pm	FITNESS 5:30 - 6:15pm	HIGHNESS Competitive Cheer Team Junior 1 5:30 - 7pm	
6:15pm	OPEN STUNT + TUMBLE 6:15 - 7pm		

Saturday		
9am	PRESTIGE Adult Dance Team Hip Hop 18yrs+ 9 - 10:30am	CHEER FUN Recreational Cheer + Tumble 5 - 9yrs 9 - 10:30am
9:45am		

Find the perfect program for you or your child!

Recreational Classes	Learn the basics of Cheer and Tumble in these fun classes! 3 - 9yrs
Performance Teams	Perfect for beginners 5 - 18yrs. Train once p/w, perform at 3 events!
Adult Teams	Cheer & Dance teams just for adults. Perform at 4 exciting events!
Development Teams	Selective development program, by assessment only
Competitive Teams	For experienced + committed athletes, by assessment only
Tumble Classes	Development tumble class to suit your ability. Open to all athletes



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